



# Caring for swollen limbs with **JOBST®** **FarrowWrap®**

[#AllWrappedUp](#)



START



# JOBST FarrowWrap: a comprehensive guide

The JOBST FarrowWrap is adjustable short-stretch wrap compression system designed for treating patients with lymphatic and venous conditions.

JOBST FarrowWrap simulates short-stretch bandaging, providing graduated compression. Designed for the treatment of SWELLING and ULCERATION of the limb, including chronic oedema, lymphoedema and chronic venous insufficiency. It is a practical alternative to bandaging.

This comprehensive guide will help you to select, measure and order from the JOBST FarrowWrap range and support your patients to self-care where this is appropriate.



Choose a link to jump straight to the information you need today:

[> Which patients should use JOBST FarrowWrap?](#)

[> Measuring and ordering guides](#)

[> Self-care support](#)

[> JOBST FarrowWrap range](#)

[> Application guides](#)



# Which of your patients would benefit from a wrap compression system?



## Chronic oedema

Patients with swelling resulting from lymphoedema and venous oedema:

- With fluctuations in limb swelling
- In decongestive and/ or maintenance phases



## Venous leg ulcer

Patients with open wounds between the knee and the ankle:

- Enables patient to change dressings as required
- Allows patient to remove to carry out personal hygiene routines



## Larger body sizes

Patients unable to don or unsuitable for compression garments / bandages through:

- Obesity
- Overweight or larger body sizes
- Irregular shape of limbs
- Skin folds



## Physical limitations

Patients unable to apply or remove compression hosiery /bandaging due to:

- Arthritis or weak hand strength
- Back problems
- Sensitive or fragile skin at risk of breakdown
- Relying on carer-support







### Colours



20 - 30 mmHg

# JOBST FarrowWrap Lite

Made with a double laminated fabric which is durable and soft. Contains a lower level of compression than other JOBST FarrowWrap products and is suitable for patients with mild to moderate oedema.

- Support patient when reduced compression is required
- Can support patients with sensitive skin
- Liner included

## Styles available on Drug Tariff



\*Thighpiece comes with knee piece

## Garment Care







## Colours



Tan

# JOBST FarrowWrap Strong

Made from durable fabric with a soft inner layer  
Recommended for patients with moderate to severe oedema.

- Suitable for skin folds and shape distortion
- Suitable for treatment of an active venous leg ulcer
- Reliable hold for fluctuating oedema
- Liner included

## Styles available on Drug Tariff



Footpiece



Legpiece



Kneepiece\*



Thighpiece\*

\*Thighpiece comes with knee piece

## Garment Care



Machine wash 30°



Do not bleach



Do not tumble dry



Lay flat to dry



Do not iron

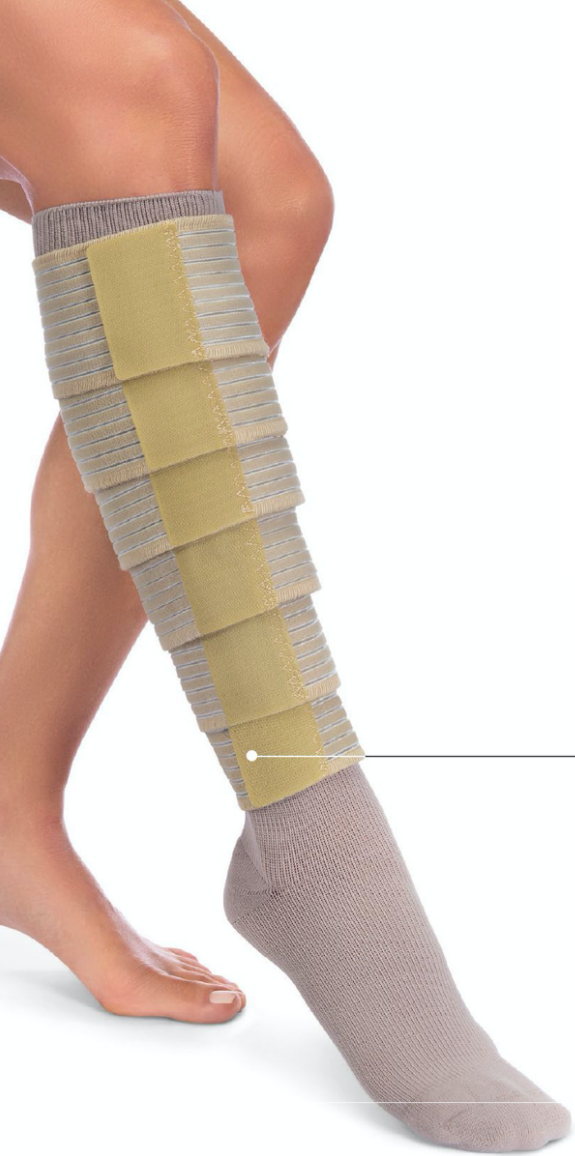


Do not dry clean

30 - 40 mmHg

# JOBST FarrowWrap





Tan



## JOBST FarrowWrap Classic

Made from more rigid material than JOBST FarrowWrap Strong and recommended for patients with moderate to severe oedema.

- Suitable for irregular shaped limbs and deep skin folds
- Suitable for more stubborn oedema and rebound oedema
- Designed to sit flat against skin folds and not dig into the skin
- Liner included

### Styles available on Drug Tariff



Footpiece



Legpiece



Thighpiece\*

\*Thighpiece comes with JOBST FarrowWrap Strong knee piece

### Garment Care



Hand wash in warm water



Do not bleach



Do not tumble dry



Lay flat to dry



Do not iron



Do not dry clean

30 - 40 mmHg

JOBST FarrowWrap





Note: Open wounds must be covered with an appropriate dressing before the compression garment is applied.



### Colours



Tan

Black

30 - 40 mmHg

# JOBST FarrowWrap 4000

Made with an inner sleeve to aid donning. Ideal for patients with mild to moderate oedema with or without a venous leg ulcer present.

- Designed for easy application with just four bands
- Suitable for the treatment of venous leg ulceration
- Comes with a JOBST FarrowHybrid compression sock (20 -30 mmHg wide)

## Styles available on Drug Tariff



Legpiece JOBST FarrowHybrid\*

\*JOBST FarrowHybrid replacement liners are available on Drug Tariff

## Garment Care



Machine wash 30°



Do not bleach



Do not tumble dry



Lay flat to dry



Do not iron



Do not dry clean

When you order a JOBST FarrowWrap 4000 you will receive 1 x JOBST FarrowHybrid (20-30mmHg)

JOBST FarrowHybrid	X-small	Small	Medium	Large
Size received	Medium-wide	Medium-wide	Large-wide	Large-wide*

\*Do not apply JOBST FarrowHybrid if calf circumference exceeds 60 cm. When a large JOBST FarrowWrap 4000 is ordered, an additional non-compressive liner will be provided to accommodate calf circumference greater than 60 cm. Consider a JOBST FarrowWrap footpiece in this circumstance.



# Measuring and ordering guides



Print the relevant order form  
(link to order form on the right)



Measure your patient  
(link to measuring list on the right)



Complete the form



Use the garment description from the form to raise the prescription

If you require a custom-fit garment or an accessory not on prescription, please fax form to Customer Services on 0845 122 3450 or email to [compression.uk@jobst.com](mailto:compression.uk@jobst.com)

## Order forms:

JOBST FarrowWrap order forms can be downloaded via the links below

(NOTE: these forms can also be used to request a prescription or order, including a custom-fit garment direct from Essity):

[JOBST FarrowWrap Below Knee Order Form](#)

[JOBST FarrowWrap Thigh High Order Form \(prescription\)](#)

[JOBST FarrowWrap Thigh High Order Form \(direct\)](#)

[JOBST FarrowWrap 4000 Order Form](#)

[JOBST FarrowWrap Upper Limb Order Form](#)



# Measuring information

A step-by-step measuring guide is available for each wrap piece below to help you successfully measure your patient for a JOBST FarrowWrap. Select the wrap piece you need to measure to jump straight to the relevant video guide:



## Footpiece

JOBST FarrowWrap - Footpiece Measur... FOOTPIECE

Watch later Share

**STEP TWO: MIDFOOT**

Midfoot measurement is a circumferential measurement taken at the midfoot point

## Legpiece

JOBST FarrowWrap - Legpiece Measuri... LEGPIECE

Watch later Share

**STEP TWO: ANKLE CIRCUMFERENCE**

Measurement taken at the narrowest part of the ankle

## Thighpiece

JOBST FarrowWrap - Thighpiece Meas... THIGHPIECE

Watch later Share

**STEP TWO: GROIN CIRCUMFERENCE**

G = 64cm

G	65-75cm	70-80cm	75-90cm	85-100cm
E	53-59cm	60-66cm	67-73cm	74-80cm
Short	16-20cm	16-20cm	16-20cm	16-20cm
Regular	21-26cm	21-26cm	21-26cm	21-26cm
Tall	27-31cm	27-31cm	27-31cm	27-31cm

## Upper Limb

JOBST ARMPIECE

**STEP TWO: ELBOW**

Measurement taken as a circumferential measurement at the elbow. Ensure the arm is slightly bent

## JOBST FarrowWrap 4000

MEASURING

**STEP ONE: ANKLE**

Circle all sizes that the measurement falls into on the chart

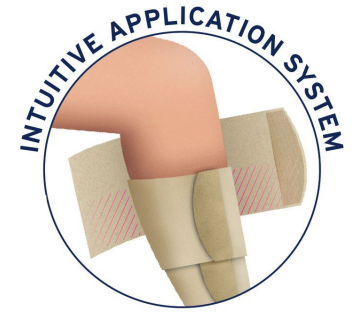
B = 22cm

Ankle	
X Small	17cm - 23cm
Small	19cm - 28cm
Medium	25cm - 37cm
Large	29cm - 43cm



# Application

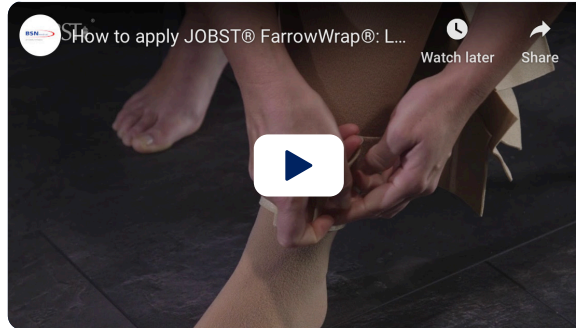
JOBST FarrowWrap was engineered for easy application and can offer all the benefits of multilayer bandaging without the complexity of application. The overlapping material supports consistent self-application without the need for specialised intervention by health care professionals. The overlap provides the support needed to efficiently control oedema and help reduce the risk of swelling forming between the bands.



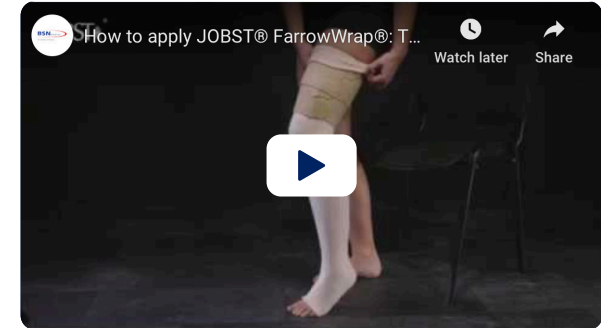
## Footpiece



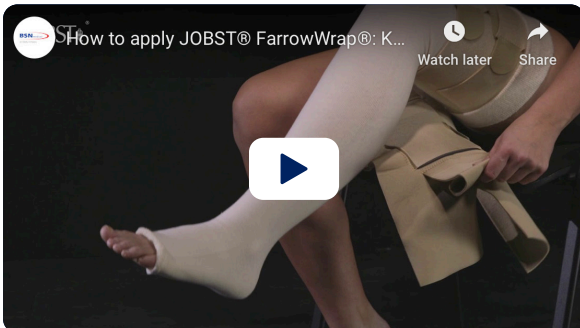
## Legpiece



## Thighpiece



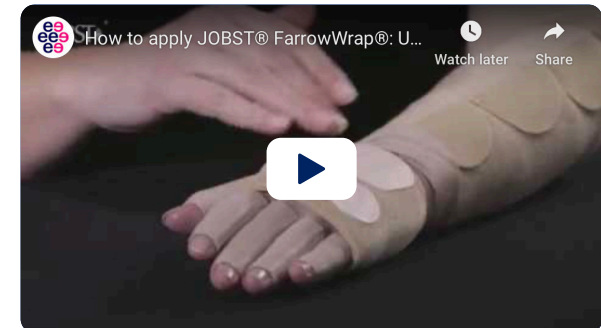
## Kneepiece



## JOBST FarrowWrap 4000



## Upper Limb

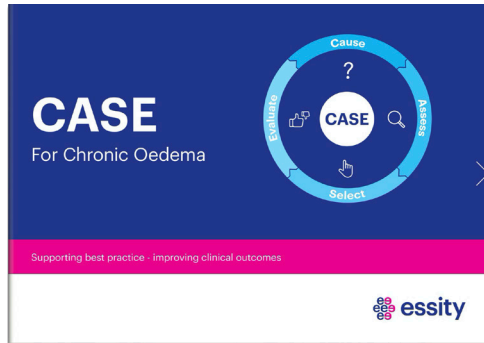




# Assessment

CASE is a framework to help you to carry out a holistic assessment of your patient and their needs.

Please select one of the following for more information:



**CASE for Chronic Oedema**



**CASE for Looking After Legs**





## Self-care support

For patients with chronic oedema, it is crucial, where possible, that they engage in their care.

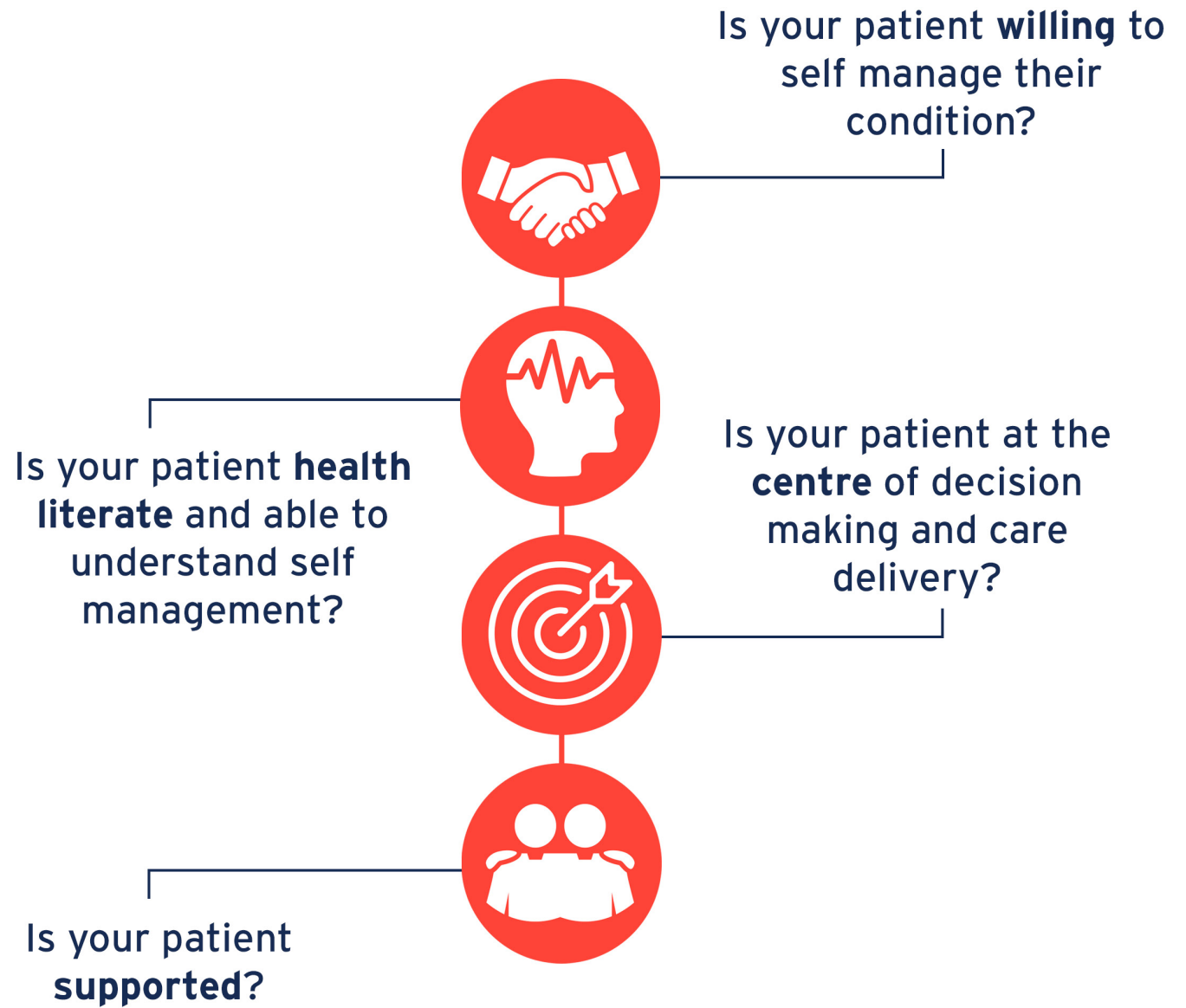
Self-care can offer a means to maintain or even improve the capacity to live well over time<sup>1</sup>.

1. Grady and Gough, 2014





# You should consider:





## PHYSICAL/ MENTAL ABILITY

Can the patient physically apply and remove compression garments/wraps?

Is the patient able to reach their limbs?

Can they understand their treatment and care?

Are they mentally and physically able to self-care?

Will they be able to monitor for signs of infection/problems?



## SUPPORT/ SITUATION

Are they dependent on carers or family for care delivery?

Are there financial constraints which might form a barrier?

Is the patient environment conducive to self-care?

How much support will a patient need before being confident to self-care?



## MOTIVATION

Do they understand why self-care will help them?

Are they willing and ready to carry out self-care?

Have they had any negative experiences in the past which might influence how well they cope?



Promoting self-care can **empower patients** and **reduce nursing workloads**. Patients should never feel abandoned but should have support available as needed.





# Tips for helping your patient to self-manage

With thanks to the National Wound Care Strategy Programme, who have prepared information for patients on self-care.

If you and your patient have agreed together that they are able to self-care, these tips will help you to explain to your patient how to care for their wound and when to seek help.

Ensure that your patient understands which dressings to use and how often to change them. It is important that patients know where and how to access additional dressings.







### **TAKING CARE OF THEIR SKIN**

Recommend your patients gently wash and dry their skin and moisturise daily at bedtime. Avoid infection risks such as: scratches, cuts and grazes, insect or flea bites, or fungal nail infections (i.e. athlete's foot).



### **LIFESTYLE FACTORS**

Patient should be encouraged to eat healthily, move regularly and use the affected limb as much as possible. Avoid temperature extremes, which can stress the lymphatic system and worsen your swelling. Patients should avoid wearing tight clothing that may restrict swelling.



### **APPLYING THEIR COMPRESSION GARMENT**

Tips can be provided to help patients apply their compression garments, such as: Turn the garment inside out. Use household rubber or cotton gardening gloves to help with positioning and to smooth out creases. Avoid wearing jewellery or digging nails into the knitted fabric. Avoid overstretching the fabric or folding over the top of the garment.



### **WEARING THEIR COMPRESSION GARMENT**

Patients should apply their garment each morning and wear it all day, especially when active, and then remove it before going to bed. Patients may need to readjust their garment during the day - the material should always be evenly distributed. Patients should not wear their garment to bed, unless instructed.





## Looking out for problems

Make sure that your patient knows what to look for and when to ask for more help. This should include understanding that the garment should be firm-fitting and comfortable, but never tight or painful.

If the patient notices any:

- **tingling**
- **pain**
- **numbness**

or they think they are developing an **infection** they must call and ask for help immediately.

If your patient has a lower limb wound, please also refer the to the relevant self-care guide for wound care.

**Always make sure that support systems are in place and that your patient knows where to go to ask questions or seek further support. This includes making sure that the patient has contacts for accessing dressings and supplies as well as knowing how and when to call NHS 111.**



[> Click here for the HCP guide](#)



[> Click here for the Self Care guide](#)





For further information on how  
Essity can help email  
**[concierge.service@essity.com](mailto:concierge.service@essity.com)**



**BACK TO START**