

## Ready Steady Flow



# Immediate and Necessary Care

## Based on the National Wound Care Strategy Programme Lower Limb Recommendations for Clinical Care

Support excellence in preventing, assessing and treating patients with lower limb and foot wounds

### Red flags

- Acute infection of leg or foot (e.g. increasing unilateral redness, swelling, pain, pus, heat).
- Symptoms of sepsis.
- Acute or chronic limb threatening ischaemia.
- Suspected acute deep vein thrombosis (DVT).
- Suspected skin cancer.

Require immediate attention from a relevant specialist to reduce risk of rapid deterioration or serious harm

People with leg and foot wounds with red flag symptoms should not be treated with compression.

### Immediate and necessary care

- Wound bed, peri-wound and limb skin cleansing and emollient, as required.
- Simple, low-adherent dressing with sufficient absorbency.
- Leg wounds line mild graduated compression.
- When appropriate, people with leg wounds should be supported to self-care.

For more information or to find out more about our free education available, email [concierge.service@essity.com](mailto:concierge.service@essity.com)

Information taken from the : National Wound Care Strategy Programme: (2020)  
Recommendations for Lower Limb Ulcers.



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