



Ready Steady Flow

Prevention of Recurrence After a Venous Leg Ulcer has Healed

Lower Limb Recommendations for Clinical Care

The National Wound Care Strategy Programme recommends that people with healed leg ulcers should:

- Be offered advice on skin care, footwear, exercise, mobility, rest, limb elevation, nutrition, self-care, and if appropriate, smoking cessation and weight loss
- Be provided with written information about their diagnosis and treatment plan
- Have opportunities for supported self-care considered and discussed
- Have care in line with the SIGN clinical guideline for venous leg ulcers, which recommends maintenance in compression hosiery
- People with healed venous leg ulcers and no symptoms of arterial insufficiency should be reviewed 6-monthly for replacement of compression garments and ongoing advice about prevention of recurrence
- Changes in lower limb symptoms or skin problems relating to hosiery should trigger a comprehensive re-assessment that includes vascular assessment for arterial supply

JOBST Ready-to-wear ranges can be used to help prevent recurrence of venous leg ulcers in line with these guidelines.



JOBST Opaque



JOBST ForMen



JOBST UltraSheer

For more information or to find out more about our free education available, email conciierge.service@essity.com

Information taken from the : National Wound Care Strategy Programme: (2020) Recommendations for Lower Limb Ulcers.



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